Reflexive Verbs & Routines

Verbos reflexivos y rutinas

Grammar hints: bold = subject; underline = verb; italics = object; bold with a gray highlight = negation. The labels below each example explain its roles.

Understand it · Entiéndelo

What you are learning · Qué vas a aprender

A reflexive pronoun matches the subject: me, te, se, nos, se. In a reflexive use, the action returns to the subject. Some pronominal verbs use these forms without a literal “self” meaning. Learn me levanto and me lavo first; recognize the other pairs and infinitive placement. The Intermediate pronoun steps explain object pronouns separately.

English	Spanish
I get up early.	Me levanto temprano. Me: Pronoun
You wash your hands.	Te lavas las manos. Te: Pronoun
Ana gets dressed.	Ana se viste. se: Pronoun

Build it step by step · Constrúyelo paso a paso

English	Spanish
I am going to wash my hands.	Voy a lavarme las manos. me: Pronoun
I am going to wash my hands.	Me voy a lavar las manos. Me: Pronoun

Try it · Inténtalo

Change “Me levanto temprano” to Ana and nosotros.

Self-check · Comprueba tu respuesta

Ana se levanta temprano. Nosotros nos levantamos temprano.

Common mistake · Error común

With body parts, use the article in this pattern: Me lavo las manos, rather than mis manos.

Use it in real life · Úsalo en la vida real

At home, describe your early start, then Ana’s. Finally say that you plan to wash your hands.

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Check and try again · Comprueba y vuelve a intentar

Me levanto temprano. Ana se levanta temprano. Voy a lavarme las manos. Match me/se with the person; attach me to lavar in this plan.

Notes

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